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EVALUATION IN WHEELCHAIR FENCING



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SHEET 1: EVALUATION OF THEORETICAL KNOWLEDGE

1. What is the function of the 'reel' in fencing?

- A) Connects the fencer's weapon to the electronic scoring system
- B) Marks the end of the piste
- C) Indicates the start of the bout

2. What happens if a fencer steps off the piste with both feet during a bout at the end of the piste?

- A) Connects the fencer's weapon to the electronic scoring system
- B) Marks the end of the piste
- C) Indicates the start of the bout

3. What card does the referee issue as a warning for minor infractions?

- A) Red card
- B) Yellow card
- C) Black card

4. In a team competition, what is the total number of bouts that are held?

- A) 5 bouts
- B) 7 bouts
- C) 9 bouts

5. In which phase of the individual fencing competition are the bouts up to a maximum of 5 touches or 3 minutes?

- A) Poules phase
- B) Direct elimination round
- C) Semifinals

6. What does the referee say when starting a bout or a new touch?

- A) Ready, set, go
- B) Ready, on guard, forward
- C) On guard, ready, go

7. It is penalized with a red card

- A) Not saluting (before or after) the opponent or the referee.
- B) The fencer who causes physical contact with the opponent or a touch with the guard.
- C) Turning the back to the opponent, stepping off the side of the piste.

8. What defensive action in fencing consists of deflecting or stopping the opponent's attack?

- A) Attack
- B) Parry
- C) Response

9. What is the name of the offensive action performed after parrying the opponent's attack?

- A) Response
- B) Counterattack
- C) March

10. En esgrima, ¿cómo se denomina el movimiento hacia adelante para acortar la distancia con el adversario?

- A) Lunge
- B) March
- C) Retreat

11. What movement is used in fencing to retreat and increase the distance from the opponent?

- A) Connects the fencer's weapon to the electronic scoring system
- B) Marks the end of the piste
- C) Indicates the start of the bout

SHEET 2: TECHNICAL COMPETENCY ASSESSMENT.

ON-GUARD POSITION IN A WHEELCHAIR.

ITEMS TO BE ASSESSED.

THE WEAPON FOREARM IS POSITIONED PARALLEL TO THE FLOOR.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE WEAPON ARM IS SLIGHTLY FLEXED, WITH NO CONTACT WITH THE CHAIR OR THE NON-WEAPON HAND	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE TORSO REMAINS MORE OR LESS UPRIGHT.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE HEAD STAYS UPRIGHT AND THE GAZE IS ALWAYS DIRECTED AT THE OPPONENT.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>

FORWARD LEAN

ITEMS TO BE ASSESSED.

THE TORSO LEANS FORWARD FROM THE WAIST, SHIFTING THE WEIGHT TO THE WEAPON-SIDE HIP.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
IMMEDIATE RETURN TO THE ON-GUARD POSITION AFTER CLOSING THE DISTANCE.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE NON-WEAPON ARM REMAINS SEMI-FLEXED TO ASSIST BALANCE, OR HOLDS THE CHAIR.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE HEAD STAYS UPRIGHT, WITH THE GAZE ALWAYS ON THE OPPONENT.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>

BACKWARD LEAN

ITEMS TO BE ASSESSED.

THE TORSO RECLINES BACKWARD FROM THE WAIST.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
DURING THE MOVEMENT, THE FENCER MAINTAINS BALANCE AND STABILITY BY KEEPING THE WEAPON ARM STEADY.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE NON-WEAPON ARM REMAINS SEMI-FLEXED, OR HOLDS THE CHAIR, TO ENHANCE STABILITY.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE HEAD STAYS UPRIGHT, WITH THE GAZE ALWAYS ON THE OPPONENT.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>

THE LUNGE

ITEMS TO BE ASSESSED.

DECISIVE FORWARD LEAN OF THE TORSO FROM THE WAIST, WITH THE AIM OF MAXIMIZING REACH..	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE WEAPON ARM INITIATES BEFORE THE MOVEMENT OF THE HIPS.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
THE NON-WEAPON ARM REMAINS SEMI-FLEXED, READY TO STABILIZE THE BODY.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>
BALANCE IS MAINTAINED AT THE END OF THE MOVEMENT.	YES <input type="checkbox"/>	NO <input type="checkbox"/>	SOMETIMES <input type="checkbox"/>

SIMPLE ATTACKS

ITEMS TO BE ASSESSED.

THE ARM IS EXTENDED AND THE HAND IS RAISED TO SHOULDER HEIGHT TO SCORE A TOUCH.

YES NO SOMETIMES

THE WEAPON ARM FULLY EXTENDS TOWARD THE TARGET AREA.

YES NO SOMETIMES

THE GAZE STAYS FIXED ON THE TARGET, MAINTAINING THE THREAT TO THE OPPONENT.

YES NO SOMETIMES

THE POINT'S TRAJECTORY TO THE TARGET IS CURVED AND DOWNWARD.

YES NO SOMETIMES

PARRIES

ITEMS TO BE ASSESSED.

THE PARRY FINISHES IN THE EXACT POSITION THAT COVERS THE TARGET AREA.

YES NO SOMETIMES

THE PARRY IS SYNCHRONIZED WITH THE END OF THE OPPONENT'S ATTACK.

YES NO SOMETIMES

THE BLADE IS PERPENDICULAR OR PARALLEL TO THE FLOOR.

YES NO SOMETIMES

AFTER THE PARRY, THE RIPOSTE IS IMMEDIATE.

YES NO SOMETIMES

PARRY/RIPOSTE. IN BOTH CASES.

ITEMS TO BE ASSESSED

IN THE RIPOSTE, EXTEND THE ARM AND DRIVE THE HAND FORWARD,
RAISING IT TO SHOULDER HEIGHT.

YES NO SOMETIMES

THE TORSO IS UPRIGHT, NOT SHIFTED FORWARD.

YES NO SOMETIMES

THE TORSO REMAINS STABLE

YES NO SOMETIMES

MOVEMENTS ARE PERFORMED AT SPEED BUT WITHOUT UNDUE
FORCE.

YES NO SOMETIMES

SHEET 3: EVALUATION OF ATTITUDE AND BEHAVIOR

ELEMENTS TO EVALUATE

PREVIOUS EXPERIENCES

I HAVE PRACTICED MORE THAN ONE EXTRACURRICULAR SPORT.	YES <input type="checkbox"/>	NO <input type="checkbox"/>
CURRENTLY, I PRACTICE ONE OR MORE EXTRACURRICULAR SPORTS.	YES <input type="checkbox"/>	NO <input type="checkbox"/>
I HAVE PREVIOUSLY PRACTICED FENCING OR MARTIAL ARTS.	YES <input type="checkbox"/>	NO <input type="checkbox"/>

WILLINGNESS

I ENJOY PLAYING SPORTS.	YES <input type="checkbox"/>	NO <input type="checkbox"/>
I LIKE TO PLAY AND HAVE FUN WHILE EXERCISING.	YES <input type="checkbox"/>	NO <input type="checkbox"/>
I ENJOY COMPETING IN MANY SPORTS	YES <input type="checkbox"/>	NO <input type="checkbox"/>
I WOULD LIKE TO LEARN FENCING.	YES <input type="checkbox"/>	NO <input type="checkbox"/>

KNOWLEDGE

FENCING REQUIRES A SPECIAL SUIT.

YES

NO

IN FENCING, HITS ARE MADE

YES

NO

IN FENCING, THERE ARE DIFFERENT TYPES OF WEAPONS.

YES

NO

BEHAVIORS TO OBSERVE

ELEMENTS TO EVALUATE

NEVER-NE. SOMETIMES-SO. OFTEN-OF. ALWAYS-AL

PERFORMS THE PROPOSED TASKS WITH EASE

NE

SO

OF

AL

PAYS ATTENTION DURING EXPLANATIONS

NE

SO

OF

AL

SHOWS INTEREST IN THE SPORT AND DEMONSTRATES IT

NE

SO

OF

AL

COLLABORATES WITH TEAMMATES IN THE DEVELOPMENT OF THE SESSIONS

NE

SO

OF

AL

COLLABORATES WITH THE TEACHER IN THE DEVELOPMENT OF THE SESSIONS

NE

SO

OF

AL

PARTICIPATES ACTIVELY IN THE PROPOSED GAMES AND ACTIVITIES

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SO

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